

# CHANGING THE PARADIGM OF HEALTHCARE DELIVERY IN PAKISTAN



## **THE INDUS HOSPITAL, UAE BRANCH**

The Indus Hospital, UAE is a registered charity with International Humanitarian City, UAE with License No. 150084. It is established to support the efforts of Indus Health Network in providing quality healthcare services to underserved patients in Pakistan.

The activities of Indus Hospital, UAE includes creating awareness about the contributions of Indus Health Network, arranging fundraising events, mobilizing individual and corporate volunteers to support Indus Health Network with the supply of equipment, assistive devices, infrastructure material, knowledge, and skill transfer.

Indus Hospital UAE is an initiative taken by Pakistani citizens residing in the UAE to support the provision of quality healthcare free of cost irrespective of age, gender, religion, race, and financial status.

# INDUS HEALTH NETWORK

## COMPASSION. EXCELLENCE. INTEGRITY

The Indus Health Network (IHN) provides quality healthcare absolutely free of cost to millions of deserving patients since 2007 through its countrywide network of hospitals in Pakistan.

Starting with only one hospital in Karachi, IHN is now managing multiple tertiary & secondary care Hospitals, Physical Rehabilitation Centers, Regional Blood Centers, Community Health Centers and a Public Health Program spreading across 52 districts of Pakistan.

IHN's vision is to create an excellence-driven, comprehensive, compassionate, free of charge, replicable healthcare system accessible to all.

To achieve its vision, IHN is partnering with individuals, corporates, international donor agencies, educational institutions, its international affiliates, and with provincial and federal government.

# OUR REACH

PUBLIC HEALTH PROGRAMS ACROSS

# 52

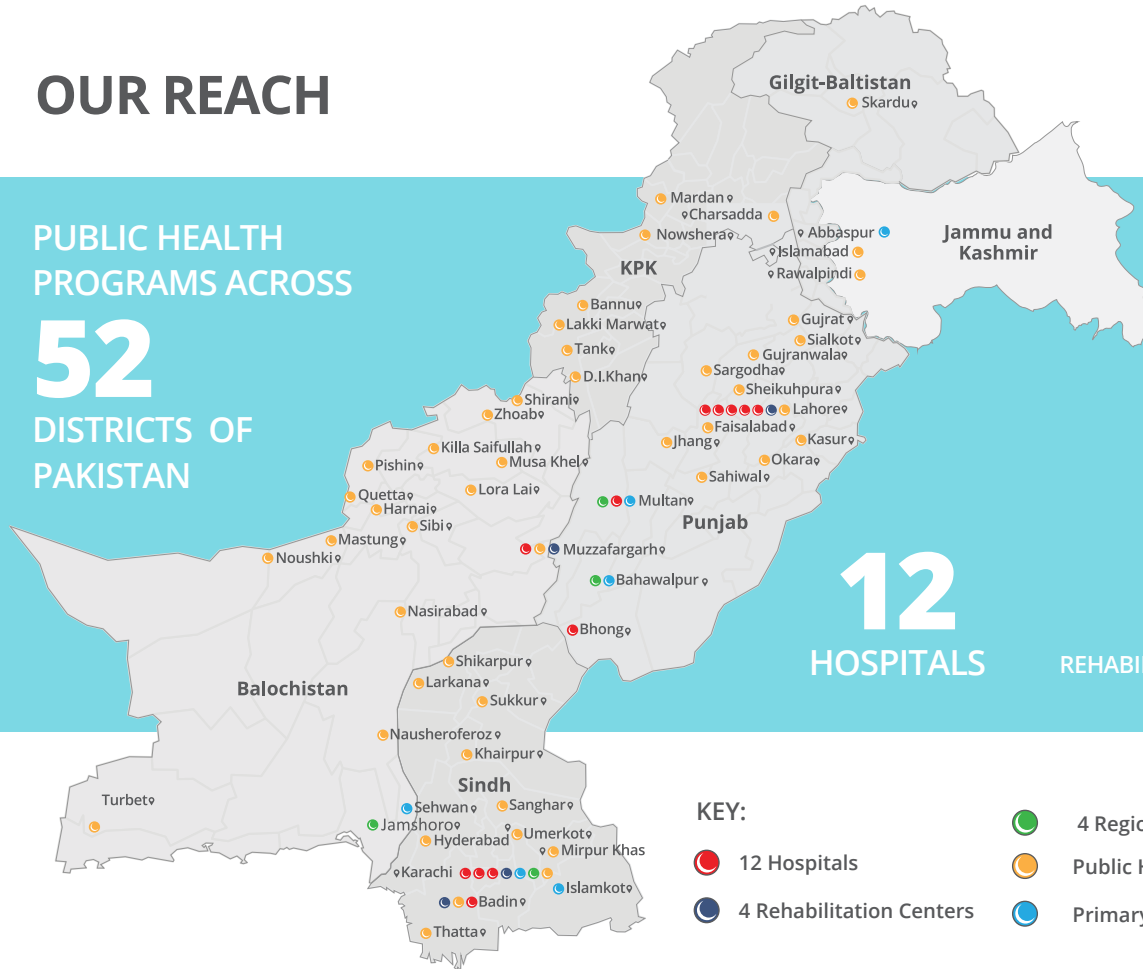
DISTRICTS OF PAKISTAN

**25**  
PRIMARY CARE SITES

**4**  
REGIONAL BLOOD CENTERS

**12**  
HOSPITALS

**4**  
PHYSICAL REHABILITATION CENTERS



**KEY:**

● 12 Hospitals

● 4 Rehabilitation Centers

● 4 Regional Blood Centers

● Public Health Initiative Sites

● Primary Care Clinics

# OUR IMPACT

MORE THAN

**880,000**

ADULT PATIENTS &

**230,000**

CHILDREN SCREENED FOR TB

MORE THAN

**400,000**

PATIENTS BENEFIT  
PER MONTH

MORE THAN

**98,037**

INDIVIDUALS SCREENED  
FOR HEPATITIS

MORE THAN

**84,186**

INDIVIDUALS SCREENED  
FOR DEPRESSION & ANXIETY

MORE THAN



**185,000**

BLOOD DONATIONS  
RECEIVED FROM  
VOLUNTARY DONORS



MORE THAN

**9,000**

PATIENTS RECEIVED  
PROSTHETIC/ORTHOTIC DEVICES

MORE THAN

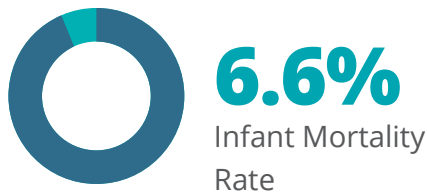
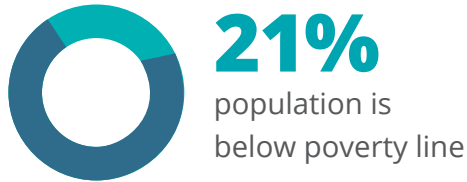
**10,500**

CHILDREN TREATED  
FOR CANCER & BLOOD DISEASES



Excellence-driven | Compassionate | Comprehensive | Accessible

# HEALTHCARE CRISIS IN PAKISTAN

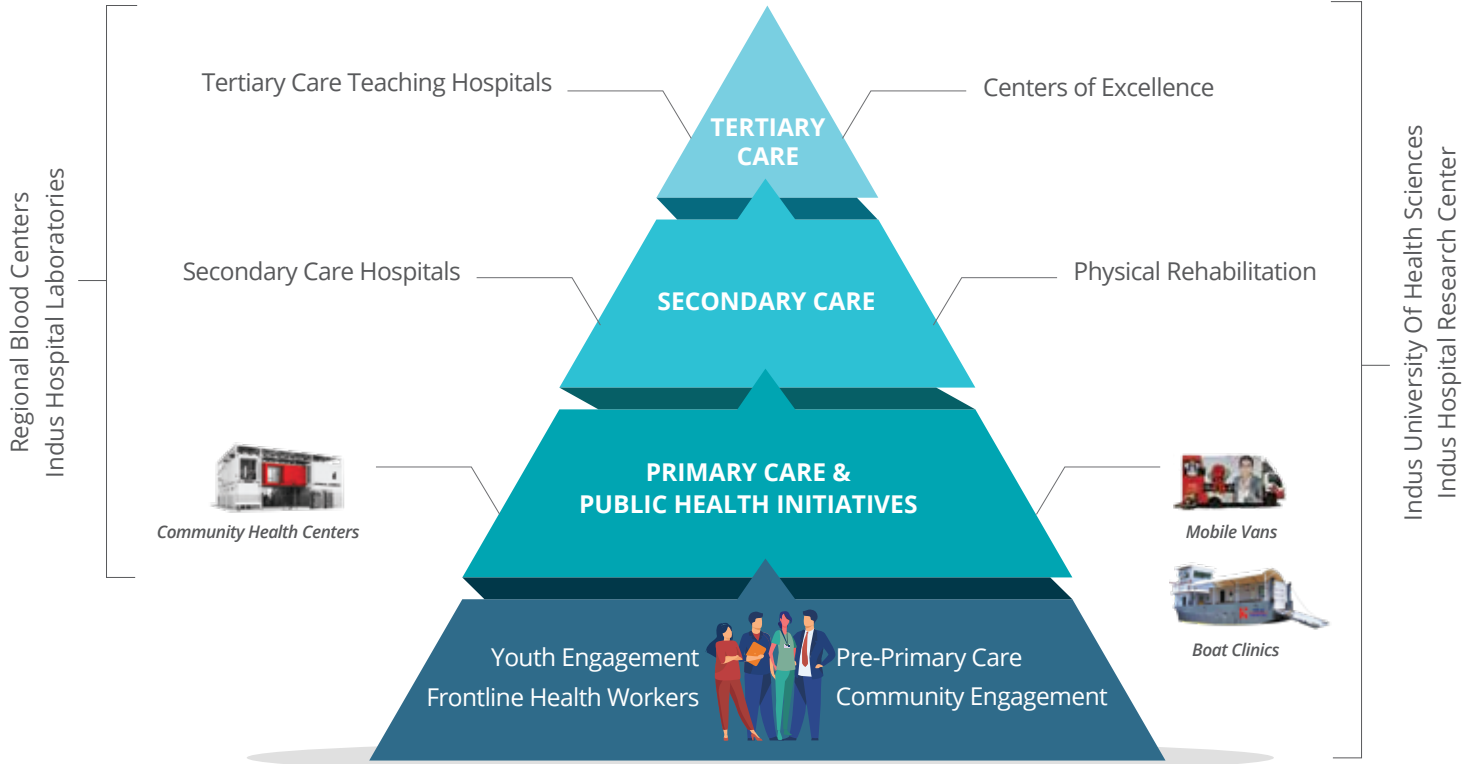


Pakistan is the 5th most populous country in the world with more than 200 million people residing in it. Despite these numbers, only 0.9% of the total GDP is spent on improving the health sector.

Pakistan not only faces a limited provision of health facilities but various structural issues within it. For example, only 0.6 beds are available per 1,000 people with only 9.6 doctors for 10,000 people. Therefore, TIH has stepped up to improve the healthcare delivery scenario throughout Pakistan.



# IHN INTERVENTION



# GLOBAL HEALTH PROGRAMS

## MATERNAL & CHILD HEALTH



Nutrition



Family Planning



Childhood Immunizations



Antenatal Care



Midwifery



IMNCI



Lactation Management



Childhood Pneumonia

## NON-COMMUNICABLE DISEASES



Eye Care



Mental Health



COPD



Heart Disease



Diabetes Care



Tobacco Cessation

Not-for-profit | Ethical | Humanitarian | Responsible | Passionate



## INFECTIOUS DISEASES



TB



Malaria



HCV



HIV

## NEGLECTED TROPICAL DISEASES



Deworming



Rabies



Snake Bite

## GLOBAL SURGERY



Safe Surgery



Clubfoot



Circumcision

## WASH



Water



Sanitation



Hygiene

Non-political | Non-religious | Indiscriminate | Cashless | Transparent

## OUR STORIES

**Aisha**, a pediatric Cancer Patient would have not been able to pursue her dream to become a software engineer. Her parents are thankful to the Indus hospital and staff who helped them in difficult times. “We are very satisfied with the service and care provided, we did not spend any money on our daughter’s treatment.” says her father. “If we can ever donate we would. The way this place helped us we would like to donate so that it can serve someone else’s life as well.”

**Dr Akbar**, a cardiologist shares his experience during COVID 19 pandemic. He says, “My wife, Uzma, pregnant with our second child, caught Corona virus from me, and was denied admission in the hospital where she was registered. It was extremely depressing and we had almost lost hope to see our child alive! then God whispered through an angel. My colleague told me about the Indus Hospital Sheikh Saeed



Campus who not only agreed to take my wife's case but also took extreme precautions for a safe delivery of our child. With the help of the doctors and staff we were blessed with a baby girl. She was tested for COVID and declared negative. I'm extremely grateful to the hospital management and doctor for helping us in times of need”

“**Wasim**, a security guard in Lyari, has a son and a daughter . His son Talal was born with congenital deformity. Wasim took him to various hospitals across Karachi but did not get any help. Later Wasim brought Talal to Indus Hospital where doctor Mehwish Zakir, an Orthotist/Prosthetist suggested that "Talal has short leg syndrome, a congenital disorder which often happens because of the position of developing foetus.' Talal was prescribed to wear an ankle-foot brace which helped him balance the length difference in his legs. After several months of training and rehabilitation Talal is now walking on his own with prosthetics (artificial limbs). Seeing Talal walking and moving independently makes his family and all of us believe in help and support in the shape of donors like you.





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The Indus Hospital, UAE Chapter



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The Indus Hospital

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