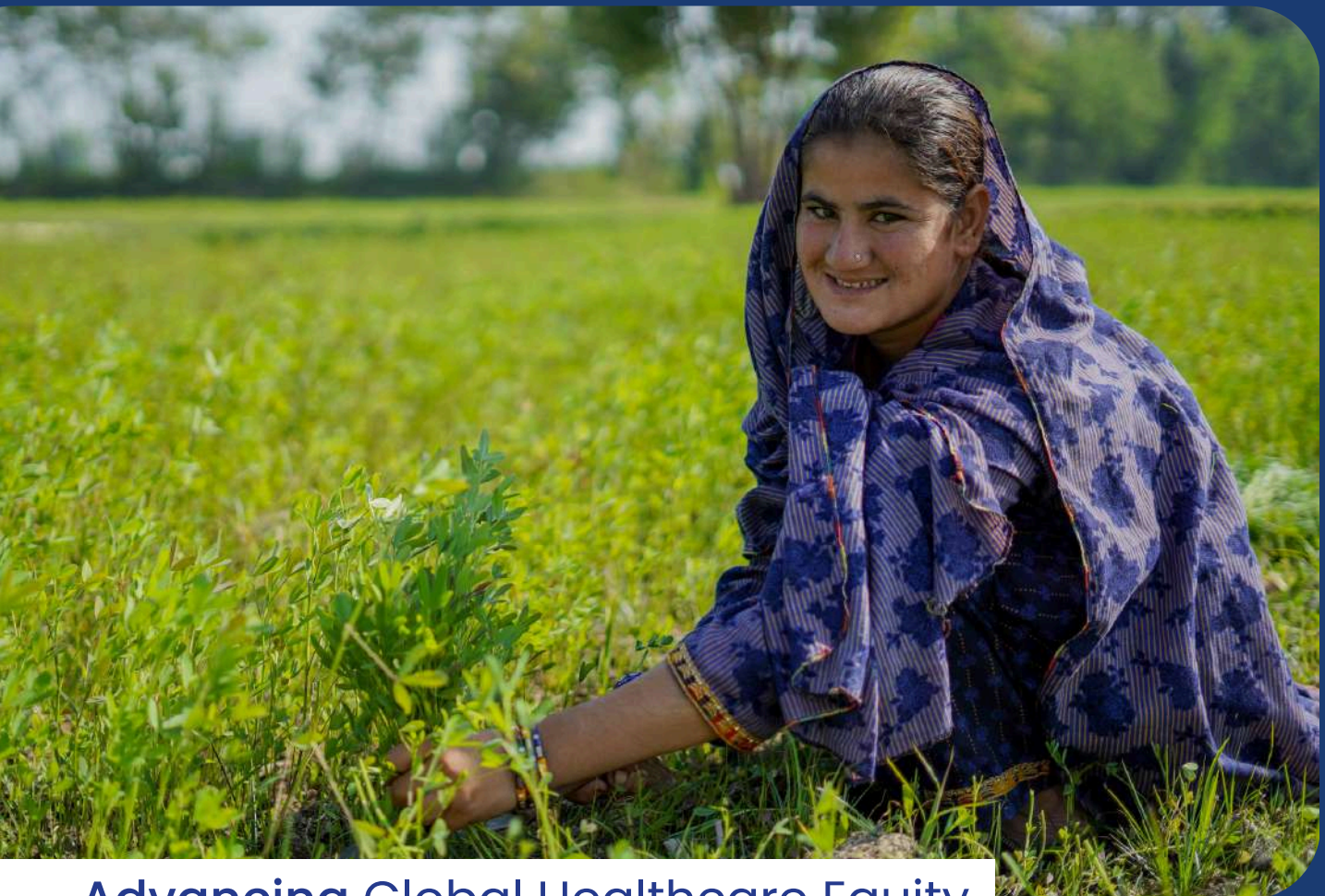




Indus Hospital & Health Network

# Sustainable Development Goals (SDG) Report 2025




Advancing Global Healthcare Equity



# Table of Contents

Executive Summary	01
Healthcare's Role in Sustainable Development	02
Indus Hospital & Health Network's Contribution to the SDG's	03
SDG 1	04
SDG 2	05
SDG 3	06
SDG 4	07
SDG 5	08
SDG 9 and 10	09
SDG 13 and 17	10
Key Impact Numbers	11
Success Story	12
Collaborations & Global Partnerships	13
Acknowledgment & Gratitude	14



# Executive Summary



Indus Hospital & Health Network (IHHN) is at the forefront of aligning healthcare with the United Nations' Sustainable Development Goals (SDGs). Through its commitment to providing free, high-quality healthcare, IHHN is tackling some of the world's most pressing challenges, such as poverty, hunger, gender equality, and climate action.

By implementing innovative healthcare models, fostering strategic partnerships, and expanding its outreach, IHHN is ensuring that sustainable and equitable healthcare remains accessible to all.

*This report highlights IHHN's contributions to key SDGs, detailing its impact, and milestones.*



# SUSTAINABLE DEVELOPMENT GOALS



## Healthcare's Role in Sustainable Development

Access to quality healthcare is a fundamental pillar of sustainable development. IHHN's mission to provide free medical care aligns with the global agenda to eliminate inequalities, reduce poverty, and improve overall well-being.



Unfortunately, many individuals and communities continue to face significant barriers in accessing quality healthcare, exacerbating existing health disparities. This report outlines how IHHN's programmes support multiple SDGs, ensuring long-term societal transformation.



# Indus Hospital and Health Network's **Contribution to the SDGs**







SDG 1

# No Poverty

IHHN has established a sustainable, donor-driven healthcare model to ensure medical access for all, irrespective of financial constraints. By leveraging endowment funds, corporate partnerships, and extensive fundraising campaigns such as the annual Ramadan campaign, IHHN sustains its mission to serve vulnerable communities.



**15.5 million**

outpatient cases  
treated to date



**13.1 million**

inpatient cases  
treated to date

*Free healthcare eliminates financial barriers for vulnerable communities*





SDG 2

# Zero Hunger

IHHN's nutritional programmes target malnutrition in vulnerable communities, particularly women and children, through the Nourish Mom initiative, which provides essential supplements and balanced meals.



**4,083  
households**

have been  
screened for Nutrition



**5,675 Children**

Screened for  
malnutrition this  
year

*Nourish Mom Programme provides balanced meals and supplements*







SDG 3

# Good Health & Well-Being

IHHN's patient-centered approach focuses on comprehensive healthcare services:



## Childhood cancer treatment

is a completely free-of-cost service for paediatric oncology



## Primary & preventive healthcare

through telemedicine and rural outreach



## Maternal and neonatal care

to reduce maternal mortality rates



## Specialised rehabilitation services

for trauma patients



**100,000+**  
telehealth  
beneficiaries



**500,000+**  
patients served  
annually







SDG 4

## Quality Education

IHHN fosters educational opportunities through IUHS and the Indus Kay Sitaray hospital-based school, ensuring both future medical professionals and pediatric patients continue their education despite health challenges.

- Indus University of Health Sciences (IUHS) producing highly skilled healthcare professionals
- Hospital-based schools like Indus Kay Sitaray ensuring paediatric patients continue their education



**2,800**

IUHS graduates to date



**250+**

paediatric patients graduated from hospital school





SDG 5

## Gender Equality

IHHN champions gender equality by empowering women in healthcare, fostering leadership roles, and addressing critical maternal and reproductive health challenges. Programmes such as vocational training for flood-affected women further support gender inclusivity.

- Empowering women in healthcare leadership
- Specialised maternal and reproductive healthcare programmes



**230**

flood-affected women provided vocational training (in partnership with UNFPA)







SDG 9

## Industry, Innovation and Infrastructure

IHHN is spearheading major infrastructure projects, including the Korangi Campus Expansion, which will be the largest charitable hospital in Pakistan, providing cutting-edge medical services to millions.



**49.8 billion PKR**  
project cost



**1.8 million**  
patients to be  
treated annually



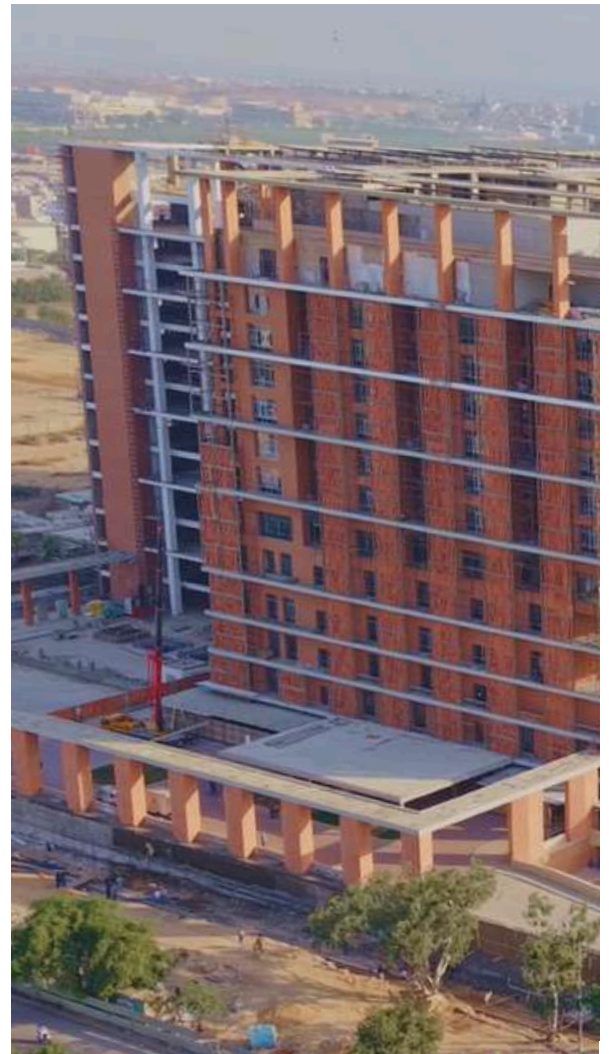
SDG 10

## Reduced Inequalities

IHHN ensures healthcare access for marginalised populations, including refugees and disaster-affected communities. Public-private partnerships have allowed management of hundreds of healthcare facilities nationwide



**1.2 million people**  
benefitted from  
Emergency response to  
2022 floods





## SDG 13 Climate Action

IHHN actively works towards environmental sustainability through green initiatives, a paperless policy, and campaigns like the Fresh Air Project, aimed at reducing air pollution and tobacco use.

- Paperless hospital system
- No Plastic Policy reducing hospital waste
- Fresh Air 4 Life Project promoting air quality improvements



**10,000+ signatures**  
collected for the ban on  
novel tobacco products

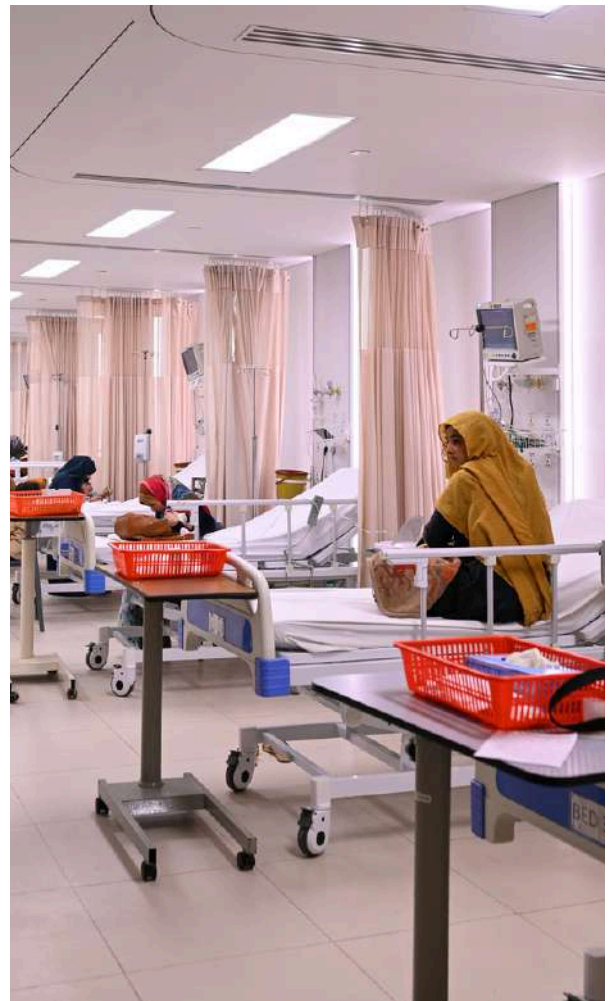


## SDG 17 Partnerships for the Goals

IHHN collaborates with public and private entities to maximise impact. Through Public-Private Partnerships (PPPs), IHHN manages public-sector hospitals and specialised medical units, ensuring widespread healthcare access.



**International  
collaborations**  
with donor organisations





# Key Impact Numbers & Achievements

By aligning its initiatives with the Sustainable Development Goals (SDGs), IHHN is driving transformative change in Pakistan's healthcare sector. Through innovation, strategic partnerships, and an unwavering commitment to equitable healthcare, IHHN continues to break barriers, ensuring a healthier and more sustainable future for all.



**15.5 million**  
outpatient cases  
treated



**13.1 million**  
inpatient cases  
treated



**1.8 million**  
projected annual  
patient treatments at  
Korangi Campus



**500,000+**  
annual patient  
beneficiaries



**100,000+**  
telehealth  
beneficiaries

# Success Story



Mushtaq Ahmed had been struggling with his lifestyle for many months, as he battled an infection in his lungs. What made things tougher was the lack of access to affordable healthcare in his small village in rural Sindh.

Mushtaq's livelihood depended on selling samosas he made by hand. With standing long hours and traveling long distances to sell his savouries, it became difficult to maintain his earnings. As the sole breadwinner, he was forced to sacrifice his health for survival, a heartbreaking reality shared by thousands.

That was until Indus Hospital & Health Network's (IHHN) Al-Ghazi Hospital and Community Engagement Centre came into the picture. With their outreach programmes and free-of-cost treatment, Mushtaq finally felt a sense of hope. **"I used to think that visiting a doctor was a luxury I couldn't afford," Mushtaq recalls. "But now, I can get treatment without worrying about the cost. It's a huge relief."**

Today, Mushtaq can breathe a little easier, thanks to the care he received, and can support his family with confidence.



# Collaborations & Global Partnerships





# Acknowledgments & Gratitude



We extend our heartfelt appreciation to our donors, partners, and supporters who make IHHN's mission possible. Your contributions are transforming lives and building a healthier, more equitable future.



**The Indus Hospital, UAE is a registered charity with Dubai Humanitarian, License No. 150084.**



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