

Year End Newsletter

# 2024



## Together, We Achieved Miracles in 2024

This year has been a testament to the power of compassion and collective effort. Each life we touched, every smile we restored, and every milestone we achieved was made possible by your generosity.

Your belief in our mission empowers us to provide world-class, free healthcare to all who walk through our doors. We are profoundly grateful for your kindness and commitment. Thank you for being part of our journey to make healthcare accessible for all.

With gratitude,  
**The Indus  
Hospital**

# Healing Through Numbers

In 2024, together, we achieved incredible milestones:

**2,100,000+**

Outpatients Visits

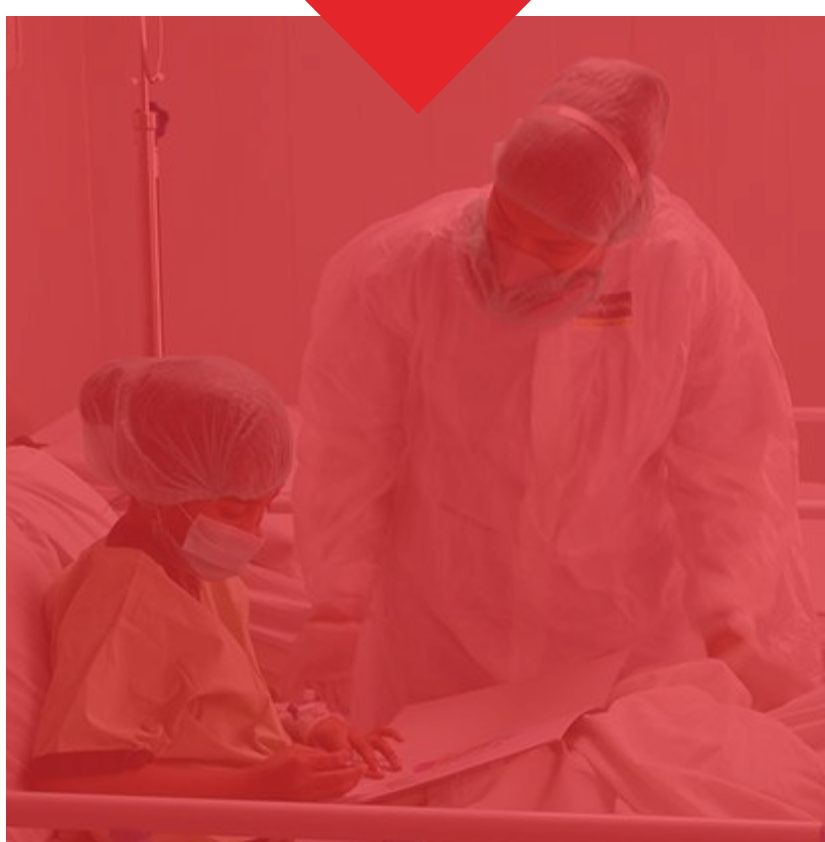
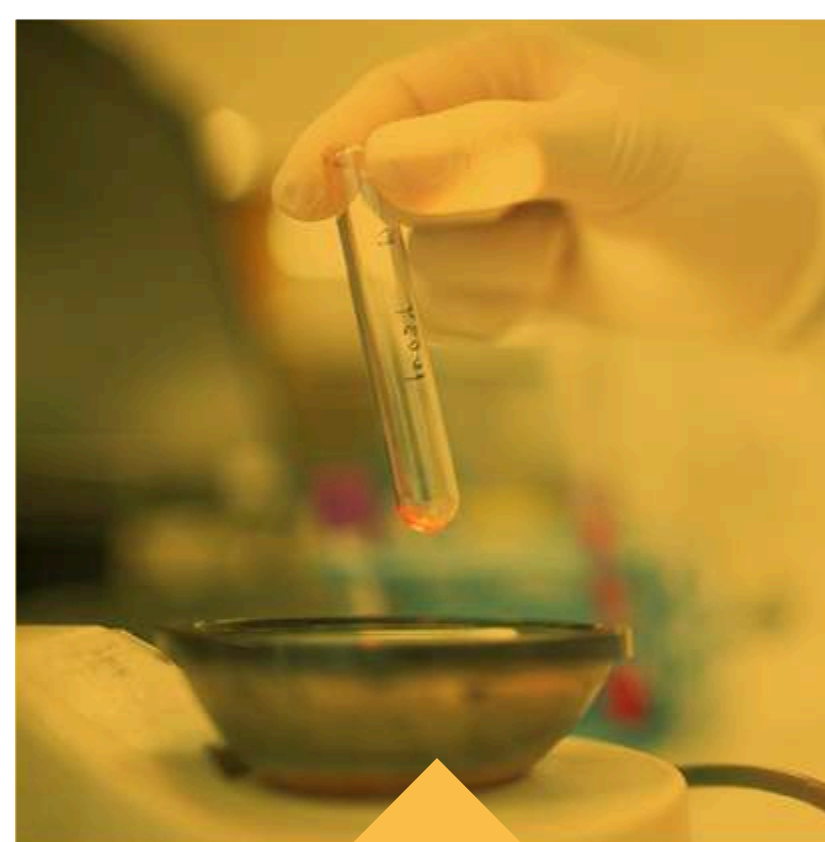


**120,000+**

Inpatients Served

**66,000+**

Surgeries Conducted



**3,900,000+**

Investigation Diagnostic Tests



**666,000+**

Emergency Visits



**14,000+**

Safe Deliveries

# Childhood Cancer

**4,758+**  
Procedures conducted  
including bone marrow biopsies

**150+**  
Chemotherapy  
sessions  
conducted daily

**2,994+**  
Inpatient  
admissions

**27,612+**  
Outpatient  
visits

**30** Children  
graduated  
from Indus Kay Sitary - a  
hospital-based school

**90 Patients provided**  
with free housing accommodations

# Physical Rehabilitation Services

**23,459+**  
Patients registered  
for treatment

**250+**  
Cochlear Implant  
surgeries conducted

**27,634+**  
Physical therapy  
sessions conducted  
in OPD

**7,580+**  
Physical therapy  
sessions conducted  
in IPD

**3,950+**  
Cochlear implant sessions conducted



# Primary Care Services

**1,302,310+**

Family medicine patients benefited



**155,865+**

Patients screened for Mental Health

**49,957+**

Children & women immunised

**127,864+**

Beneficiaries enrolled & treated in Mobile Health Units

**377,634+**

Individuals engaged in CECs

**644+**

Safe deliveries under MNCH

# Maternal & Neonatal

**67,415+**

Outpatient visits



**3,271+**

Deliveries in SSMC

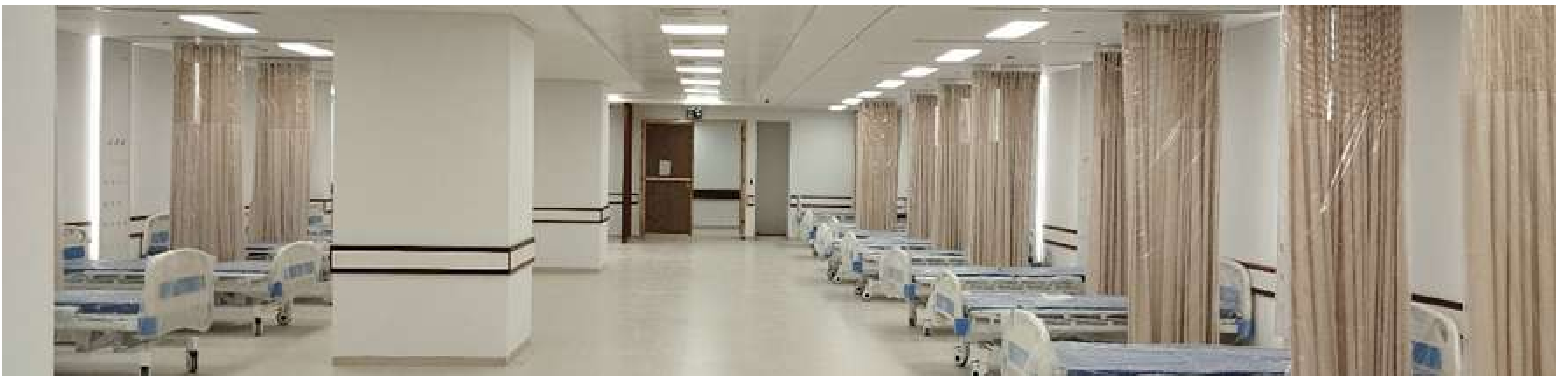
**9,853+**

Admissions in SSMC

**9,577+**

Ambulatory daycare visits

# Landmark Healthcare Milestones Achieved at Indus Hospital & Health Network in Pakistan



IHHN inaugurated its new state-of-the-art Emergency Room (ER) at the Korangi Campus, a milestone significantly enhancing its capacity to serve Karachi's growing population. With the ability to treat **500,000 patients annually**—up from 200,000—the new ER is a testament to the commitment to providing free, high-quality healthcare.

In another major step, IHHN relocated its Family Medicine Clinics to the newly constructed hospital building, marking the first phase of an ambitious outpatient department expansion.

These clinics, which act as the first point of contact for patients, now operate in a modern facility designed to meet growing demand and are projected to serve over **1.16 million patients annually**. With 117 clinics offering preventive care and specialist referrals, IHHN continues to set new standards for outpatient care.

IHHN also held a remarkable Open House tour, showcasing phase 1 of the new building's expansion. Through an immersive experience, IHHN's supporters were shown the state-of-the-art facility, which provides quality healthcare completely free of cost.

# Naziran Mai: A Journey of Resilience and Recovery

After losing a child due to lack of proper care and enduring life-threatening complications herself, Naziran Mai feared her third pregnancy would bring more heartbreak. Living in a small town with no access to quality healthcare, she found hope at Indus Hospital's Al-Ghazi Trust Campus, where compassionate care ensured the safe delivery of her healthy baby boy.



# Events & Fundraising Activities

Uniting Globally for a Shared Mission

## The Indus Hospital, UAE

Throughout 2024, The Indus Hospital organised a series of impactful gala dinners across UAE, bringing communities together to support free healthcare in Pakistan.

Dubai Marathon 2024 Miles for Smiles



The poster features logos for Indus Hospital, International Humanitarian City, Government of Dubai, and the Islamic Affairs & Charitable Activities Department. The main text reads "DUBAI MARATHON 2024 MILES FOR SMILES" and "THURSDAY | JANUARY 07, 2024". It includes the slogan "RUN FOR CURE, RUN FOR A CAUSE!" and a silhouette of a runner. A photograph of a young boy in a hospital gown is on the right.

**INDUS HOSPITAL**  
QUALITY CARE - FREE OF COST

المدينة العالمية للخدمات الإنسانية  
INTERNATIONAL HUMANITARIAN CITY

حكومة دبي  
GOVERNMENT OF DUBAI

دائرة الشؤون الإسلامية والعمل الخيري  
Islamic Affairs & Charitable Activities Department  
Authorization No. PRHCE-002121963

# DUBAI MARATHON 2024 MILES FOR SMILES

07 THURSDAY | JANUARY 07, 2024

JOIN **INDUS HOSPITAL & HEALTH NETWORK** IN THE RACE AGAINST **CHILDHOOD CANCER** AND BRING A BRIGHTER TOMORROW FOR THOSE SUFFERING!

**RUN FOR CURE,  
RUN FOR A CAUSE!**

Indus Hospital participated in the Dubai Marathon 2024 with "Miles for Smiles," where enthusiastic runners completed the 10 KM race to raise awareness and funds in the fight against cancer, showcasing collective determination to bring hope and healing to those in need.

# Donor Appreciation Dinner and Youth Ambassador Certificate Ceremony



In March, the Donor Appreciation Dinner & Youth Ambassador Certificate Ceremony in UAE celebrated donors and youth ambassadors with heartfelt performances and inspiring speeches, embodying the spirit of gratitude and generosity.

## Publications

KHALEEJ TIMES SPECIAL REPORT

PAKISTAN

AUGUST 2024 17



**INDUS HOSPITAL & HEALTH NETWORK**

Empowering youth in healthcare innovation at Indus Hospital & Health Network

■ Shiza Khan

## Champions of Hope

Our young ambassadors showed their zeal by collecting an incredible total of Dh151,375 during this period. Through their campaigns, they have enabled quality healthcare provision, uplifted underprivileged communities, and touched the hearts of millions of underserved individuals and families.

**INDUS YOUTH LEADERS & MENTORS**

ALYSSA KHAN	SOPHIA KHAN	EMMA KHAN	FAHIMA KHAN	SEENA KHAN	SHARIF KHAN
KINAAN SYED	NEHA TAJBA	DIYAN AHMED	SOPHIA KHAN	SIYANA KHAN	MAHAD IHSAN CHOUHRY

**INDUS YOUTH AMBASSADORS**

GEMS JUMEIRAH PRIMARY SCHOOL				DUBAI COLLEGE				SALAF INTERNATIONAL ACADEMY							
ALYA AHMED	LAFIAH BISHARA	NEHA KHAN	RAYAN KHAN	TAM UZZ	SABIRA SIDDI	SOPHIA KHAN	SHIRAZ KHAN	WILLY BAYLON	SHARIFA SAJJ	ZOYA AHMED	HAFIZ ZEEN	MARTIN PAZEL	AJIBAN KHAN		
SCHOLARS INTERNATIONAL ACADEMY				SHARJAH ENGLISH SCHOOL				JUMEIRAH COLLEGE				DESC			
ARIFA KHAN	ANWARA KHAN	ELIAN KHAN	NI SHAI KHAN	MAAD KHAN	WALIM KHAN	LAIB KHAN	REEM KHAN	SIYAN KHAN	INAZA KHAN	OLAY KHAN	YUSUF KHAN	SHAYAN KHAN			
SALEENA KHAN	JAMAL KHAN	HAZEL KHAN	PIUSAN KHAN	SATAM KHAN	MAAD KHAN	DIYAN KHAN	SHARIF KHAN	QASIM KHAN	ZOYA KHAN	HANAN KHAN					

In an era defined by constant change and interconnected global challenges, the transformative power of youth has emerged as a source of resilience. As we navigate complex healthcare landscapes and societal disparities, the role of young people in shaping the future of public health and philanthropy cannot be overstated. Indus Hospital & Health Network harnesses the power of young leaders, distinguished by their innovative spirit and unwavering commitment to social causes. IHHN empowers its youth ambassadors to stand at the forefront of addressing pressing healthcare issues and promoting community well-being.

To empower the youth, instill social responsibility, and cultivate future leaders, The Indus Hospital launched the Indus Youth Ambassador Programme (IYAP) in 2021, entrusting these brilliant children to become catalysts for progress on both local and global scales. Starting with 15 trailblazing young minds, IYAP has now grown to almost 150 dedicated individuals committed to saving lives. Through

of society, offering a lifeline to those who have nowhere else to turn. IHHN is a proud network of healthcare facilities comprising of multiple hospitals, regional blood centres, physical rehabilitation centres, and primary care sites spread across Pakistan. Yet, its impact tran-

initiative addresses profound healthcare disparities in Pakistan, particularly among marginalised communities where over half of the population lacks access to essential healthcare services. Highlighting the urgency, statistics reveal that one in every 20 Pakistanis is

"Champions of Hope" IACAD Permit No. PRHCE - 00309097) to raise funds for malnourished mothers and their infants at the hospital.

Our young ambassadors showed their zeal by collecting an incredible total of Dh151,375 during this period. Through

Versiani from Sharjah English School; Mahad Choudhry and Zeenia Ehsan Choudry from International School of Choueifat; Sulaiman Habib from Dubai American Academy; Shayaan Asim from DESC; Alisah Ahmed from Dubai International Academy; Hussain Ahmad from GEMS Metropole; Shehryar Asim from GEMS Wellington Academy; Kayaan Hashmi from JESS Jumeirah; Ahmad Zeeshan from Kings' School Dubai; Zoya Omer from Nord Anglia School Dubai; Hazael Shamoon from Raffles World Academy; Qasim Khan from Repton Dubai; and Hamdan Noor from Safa Community School.

Indus Youth Mentors included Kinaan

The Indus Youth Ambassador Programme nurtures young leaders dedicated to creating positive change, with their efforts gaining international recognition in the Khaleej Times special edition on March 23, 2024 and August 14, 2024.



# Yallagive Campaigns



INDUS HOSPITAL  
HEALTH CARE. FREE OF COST

حكومة دبي  
GOVERNMENT OF DUBAI

مُضْمَر  
PERMITTED  
I A C A D  
PRHCE-003622765

Together, we are  
**Stronger**  
*than Cancer!*

Saving Lives Everyday  
IHNN Makes it Possible, You Make it Happen!

Over **14,000** children have been provided life saving cancer treatment at Indus Hospital & Health Network, till date!



INDUS HOSPITAL  
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دائرة الشؤون الإسلامية والعمل الخيري  
Islamic Affairs & Charitable Activities Department  
Authorization No. PRHCE-00309097

**CHAMPIONS OF HOPE:**  
**HOPE:**

Nourishing Mothers, Nurturing Futures!

Indus Hospital & Health Network is on a mission to **empower motherhood** by providing **new mothers nutritional ration bags** to ensure healthier beginnings for **moms & their newborns!**

**Be the Nourishing Force**  
for millions of new mothers in need!



INDUS HOSPITAL  
HEALTH CARE. FREE OF COST

حكومة دبي  
GOVERNMENT OF DUBAI

مُضْمَر  
PERMITTED  
I A C A D  
PRHCE-003207232

**9.2 Million**  
Lives Transformed by  
**Indus Hospital & Health Network's Primary Care Programme**  
Empowering Communities and Enriching Lives Across Pakistan



INDUS HOSPITAL  
HEALTH CARE. FREE OF COST

حكومة دبي  
GOVERNMENT OF DUBAI

دائرة الشؤون الإسلامية والعمل الخيري  
Islamic Affairs & Charitable Activities Department  
Authorization No. PRHCE-002568111

**Unite to HEAL This Ramadan**

#UnitetoHeal

TIH UAE organised four successful fundraising campaigns supporting the Primary Care Programme, Childhood Cancer Programme and Nourish Mom Programme, driven by dedicated youth ambassadors.

These campaigns raised critical funds for the treatment of millions of innocent souls in Pakistan, especially in the holy month of Ramadan.

## Meet and Greets

Three impactful Meet & Greet sessions in May 2024 engaged key stakeholders in Al Ain, Abu Dhabi, and with the Pakistan Business Council to promote IHHN's mission and achievements.

Another Meet & Greet session occurred in Dubai in November 2024, which was hosted by Mr. Adnan Haroon Siddiqui and attended by Dr. Bari. Dr Bari also visited the Pakistan Association Dubai, where he was honoured for his extraordinary efforts and contribution to the welfare of humanity. Dr Bari gave a motivational speech to the staff and discussed the value and impact of their profession and hard work.



## Ladies' Coffee Morning

A Ladies' Coffee Morning on June 11, 2024, focused on skincare and menopause, featured expert speakers and highlighted ways to support IHHN. These events not only raised critical funds but also brought people together in the spirit of generosity and hope.

A second Ladies' Coffee Morning was hosted in October, which focused on Breast Cancer Awareness. The talk was conducted by Dr Ritu Khare and a presentation was discussed on IHHN's Paediatric Cancer Programme.



# Looking Ahead to **2025**

A Vision for the Future



As we step into 2025, our resolve to make quality healthcare accessible remains stronger than ever. With your continued support, we aim to:

- Increase service delivery capacity through hospitals
- Invest in a robust primary care network through innovation
- Cultivate the leaders of today & tomorrow through quality education & training
- Lead cutting-edge research
- Integrate a multi-sectoral approach
- Build alliances & partnerships for sustainable resource generation

The possibilities are endless, and we are excited to embark on another year of impact, together with you.

## Closing **Message**

Be Part of the Change

As we close this chapter and look forward to the next, we invite you to continue this journey with us. Together, we can heal more lives, restore more hope, and create a healthier tomorrow.

Regards,

**The Indus Hospital**

