

# Indus Insights Newsletter

Jan - March 2024



Dear Supporter,

Welcome to The Indus Hospital's Newsletter. Every page of this letter is a testament to the incredible impact of your generosity. You are not just our donors; you are the heartbeat of our mission and the driving force behind every life saved and every smile restored.

As we end our Eid celebrations, we want to express our deepest gratitude for your unwavering support. Every penny donated to Indus Hospital has ignited a beacon of hope for our patients in the darkest times and has paved the way for countless miracles. From providing critical medical treatment to offering emotional support, your contributions have empowered us to continue our work.

In this newsletter, we want to keep you informed about our incredible progress and some heartwarming stories. Thank you for your trust and dedication to our shared mission. We are honoured to have you by our side as we strive to build a healthier and brighter future for all.

Together, we are making a tangible difference, one patient at a time!

With heartfelt appreciation,  
The Indus Hospital  
UAE Team

# This Ramadan, We United to Heal

During the blessed month of Ramadan, Muslim supporters from all around the world came together to unite and heal the sick at Indus Hospital. The Indus Hospital UAE branch launched a Ramadan dedicated campaign on the Yallagive platform under IACAD permit number PRHCE-002568111 to support the mission of free healthcare for all. The campaign proved to be a resounding success, touching countless lives across diverse spectrums of need. From children battling cancer to individuals with physical disabilities, from those managing chronic health conditions to new and expectant mothers and neonates, our services reached those who could barely afford treatment. The Ramadan Campaign wasn't just about medical treatment; it was about restoring hope and dignity to those in need.



## Kushiyon ka Eid Bazaar



Within the compassionate embrace of the hospital, IHHN, in partnership with Unilever, set up a magical Eid Bazaar for the innocent souls wrestling with Childhood Cancer and their apprehensive caregivers. This Eid Bazaar was a culmination of a series of festivities spread throughout Ramadan for patients with cancer. The play area was converted into an Eid Bazaar with multiple stalls offering free henna application (mehndi), Eid clothes, shoes and sandals, bangles (churiyan), and jewelry for the patients.



# Events in UAE

## Dubai Marathon 2024 Miles for Smiles



دائرة الشؤون الإسلامية والعمل الخيري  
Islamic Affairs & Charitable Activities Department  
Authorization No. PRHCE-002121963

### DUBAI MARATHON 2024 MILES FOR SMILES

07 THURSDAY | JANUARY 07, 2024

JOIN INDUS HOSPITAL & HEALTH NETWORK IN THE RACE AGAINST CHILDHOOD CANCER AND BRING A BRIGHTER TOMORROW FOR THOSE SUFFERING!

**RUN FOR CURE,  
RUN FOR A CAUSE!**



Indus Hospital's presence extended to the vibrant city of Dubai with the Dubai Marathon 2024 - "Miles for Smiles." This event wasn't just about running; it was a rallying cry in the fight against cancer. Participants joined forces, lacing up their shoes to race not only for the finish line but also for a brighter tomorrow for those battling cancer. Our enthusiastic participants completed the 10 KM race, bringing hope and healing closer to those in need. It was a powerful testament to the collective strength and determination to make a difference—running not just for themselves but for a cause that touches countless lives.

## Donor Appreciation Dinner & Youth Ambassador Certificate Ceremony



On March 02, 2024, a glittering evening unfolded at the Donor Appreciation Dinner & Youth Ambassador Certificate Ceremony in UAE. The event, graced by esteemed guests including Sania Saeed and Dr. Muhammad Shamvil Ashraf, Executive Director of IHHN, aimed to express gratitude and recognition to our invaluable donors and the dynamic youth ambassadors. As certificates and letters of appreciation were presented, the air was filled with warmth and appreciation for their unwavering support and dedication. The programme was not just a ceremony; it was a celebration of the profound impact of generosity and kindness. From heartfelt poem recitations to captivating group song performances and soul-stirring flute renditions, every moment resonated with the spirit of giving and camaraderie.

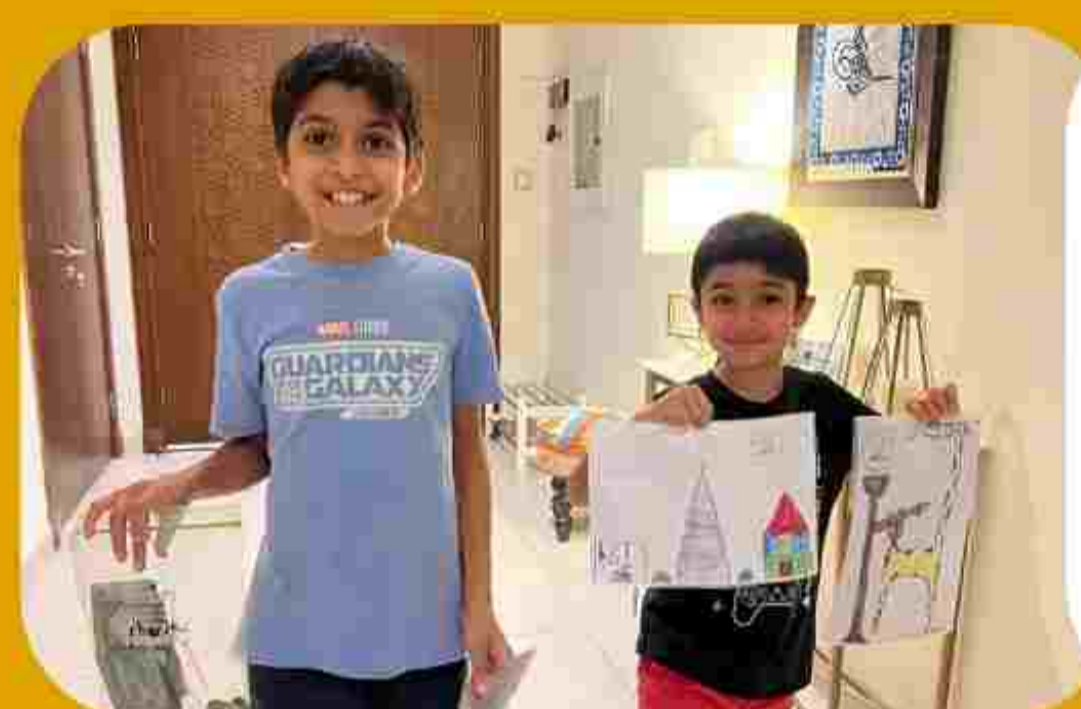
# Youth Ambassador Programme Our Champions of Change

At Indus Hospital, we believe in nurturing the next generation of compassionate leaders through our Indus Youth Ambassador Programme. These young trailblazers embody the spirit of service and innovation, channeling their passion to create positive change in their communities.

We are thrilled to share that the impactful work of our Youth Ambassadors has recently been recognised internationally. An article highlighting their dedication and efforts was published in the esteemed Khaleej Times in their special March 23, 2024 edition. You can read the full article [here](#).



Among our shining stars, we want to spotlight the incredible contributions of three standout youths:



Rayyan and Yousuf embarked on a heartwarming initiative by creating handmade drawings and selling them in their neighborhood. Every penny earned was joyfully donated to support the noble cause of Indus Hospital.

Haider's entrepreneurial spirit shone brightly as he organised a garden tomato sale in his community, rallying support and collecting funds for Indus Hospital's vital programmes.



**Champions of Change**  
Let's transform communities!

Indus Hospital & Health Network has benefitted more than 9.2 Million people through its Primary Care Programme!

**Become an Indus Youth Ambassador**

And Witness the Transformative Power of Accessible Healthcare



But the journey doesn't end here. It's never too late to join our growing army of Youth Ambassadors! We're excited to announce our latest campaign on YallaGive is still live, where you can contribute to our Primary Care Programme and be a part of the movement to bring healthcare within reach of all. Together, let's continue to inspire change and make a difference, one act of kindness at a time.

# Events Across the World

## Events in the UK

### Annual Gala Dinner

**Annual Gala Dinner**  
WITH NAUMAN IJAZ, WASI SHAH AND DR ABDUL BARI KHAN

Indus Hospital & Health Network is providing quality healthcare to more than 6 million underprivileged patients in Pakistan absolutely *Free-of-Cost*.

CROYDON FRIDAY 02 FEB' 24    BIRMINGHAM SATURDAY 03 FEB' 24    BRADFORD SUNDAY 04 FEB' 24  
PRESTON FRIDAY 09 FEB' 24    MANCHESTER SATURDAY 10 FEB' 24

In the month of February 2024, Indus Health Network UK hosted a series of Annual Gala Dinners and Meet & Greet Sessions in Croydon, Birmingham, Bradford, Woking, Reading, Middlesbrough, Preston, Manchester, Belfast, and Dublin. The events, graced by esteemed guests including Nomaan Ijaz, Wasi Shah, and Saad Haroon, aimed to raise funds and awareness about the work of Indus Hospital in Pakistan. These events were not just networking dinners; they were a celebration of the profound impact of generosity and kindness shown by our donors.

## Ramadan Fundraising Appeals

**ZAKAT IMPACT APPEAL**

ACCOUNT NAME: **INDUS HEALTH NETWORK**    ACC NO: **0003 5459**    SORT CODE: **40-52-40**

BANK: **CAF BANK**    IBAN: **IBGB 63CA FB40 5240 0003 5459**    SWIFT: **CAFB GB21**

STUDIO: **020 8518 024**  
DONATE: **0207 993 808**  
[indushospital.org.uk](http://indushospital.org.uk)

£90 / £50/MONTH: FEED 3 MALNOURISHED EXPECTING MOTHERS  
£150: SAVE A MOTHER AND HER BABY ZAKAT

Across the UK, Indus Hospital's presence resonated through a series of impactful events and fundraisers during the holy month of Ramadan. Partnering with prominent platforms such as Islam Channel and ARY, a total of six online fundraising appeals were held, amplifying the message of compassion and support for free healthcare. Moreover, a radio appeal in Glasgow also reached out to listeners, spreading the message of health equity and garnering support. The Leads chapter also hosted an iftar dinner, which provided a moment of communal reflection and solidarity while raising a significant amount of funds. Each appeal not only raised crucial funds but also sparked conversations about healthcare accessibility and the power of collective action.

# Events in USA

## Comedy & Gala Night



Friends of Indus Hospital (FOIH) USA hosted a series of Comedy & Gala Nights in Los Angeles, Phoenix, Seattle, Dallas, and San Francisco from January 27, 2024, till February 02, 2024. Tabish Hashmi, a well-known Pakistani comedian, graced his presence at the events and raised a significant amount of funds for the vulnerable in Pakistan. Generous supporters from the US community came together to celebrate the joys of giving.

## Ramadan Fundraising Appeals



**CHEMO SESSION \$25** **FEED A FAMILY MONTHLY \$50** **FEED A FAMILY YEARLY \$600** **CANCER TREATMENT \$6,000**

**TELETHON FOR INDUS HOSPITAL & HEALTH NETWORK**

**LIVE CALL: 201-940-7613** **DONATION: 201-940-7616** | [WWW.FOIHUS.ORG](http://WWW.FOIHUS.ORG)

During the month of Ramadan, FOIH US partnered with Duniya News and ARY to host two successful fundraisers, while Radio Azad conducted a Radiothon to raise funds for patient treatment at Indus Hospital. These initiatives showcased the power of community engagement, with generous contributions making a tangible impact on those in need.

# Events in Canada

## Fundraising Gala & Comedy Night

### FUNDRAISING GALA & COMEDY NIGHT

JOIN THE INDUS DEVELOPMENT FOUNDATION

and help us raise funds for the Indus Hospital & Health Network to support accessible healthcare for marginalized communities



Indus Development Foundation (IDF) in Canada proudly presented a sequence of Gala Evenings and Comedy Nights across Calgary, Edmonton, and Windsor. Welcoming renowned guests from Pakistan, Tabish Hashmi and Reema Khan, graced their presence at the events. These gatherings were more than just entertainment - they were opportunities to champion the cause of equal healthcare for all. With a blend of humor and philanthropy, these events not only raised a significant amount of funds but also highlighted the work done by Indus Hospital in Pakistan.

## Ramadan Fundraising Appeals

LIVE ON CANADA ONE TV @IDFCANADA

JOIN US FOR A LIVE TELETHON

TO SUPPORT INDUS HOSPITAL & HEALTH NETWORK

INDUS DEVELOPMENT FOUNDATION



**Badar Munir Chaudhary**  
Host



**Pervaiz Ahmed**  
Executive Director  
Business Development



**Aftab Rizvi**  
Canada



**Mr Abdul Rahman**  
Calgary



**Dr. Akhter Hamid**  
Toronto

Friday, 5<sup>th</sup> April 2024 6:00 PM - 7:45 PM EST

**DONATION: 416-835-1997**

For more information: +1(289) 309-3895 | [www.indushospital.ca](http://www.indushospital.ca)

Throughout Canada, the spirit of Ramadan was infused with compassion and generosity. Indus Development Foundation hosted three online fundraising appeals on ARY, Duniya News, and Canada One TV to raise funds for the provision of quality care free of cost through Indus Hospital & Health Network. Additionally, a radio appeal on Sazo Awaz was held during Ramadan to expand our reach. In Oakville, the Board of Directors of IDF also hosted an iftar dinner, uniting communities in a moment to reflect and show solidarity with this noble cause.

# ART With a Heart 2024



In a celebration of resilience, creativity, and hope, IHHN proudly presented its 3rd annual "Art with a Heart" exhibition, where childhood cancer patients showcased their transformative cancer journey through a breathtaking collection of 106 paintings.

## Updates from the Network in Pakistan

### Partnerships Collaborations



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NED University established a partnership with IHHN to generate continuous revenue for Indus Hospital through its students and alumni network.



Prince Trust International successfully concluded its "Get into Healthcare Programme," designed to bridge the gap between education and employment and motivate individuals to build careers in the healthcare sector.

## Transforming Lives with IHHN's Mobile Health Units

IHHN, in partnership with the Health Department of the Government of Punjab, launched Mobile Health Units across 20 districts of Punjab to offer a comprehensive range of services to vulnerable communities. These services include family medicine, postnatal care, antenatal care, ultrasound facilities, gynecology, lab tests, X-rays, ECGs, and counseling for family planning and nutrition. As of March 31st, 2024, a total of 114,675 patients have been provided with the services, reflecting IHHN's commitment to providing accessible and effective healthcare to communities in need.



## Milestones & Achievements for IHHN's Managed Hospitals



Recep Tayyip Erdogan Hospital Muzaffargarh successfully conducted 49 free Spinal & Knee Replacement Surgeries in February 2024 in collaboration with an American Orthopedic Team.



Dr. Sikandar Ali Mandhro Civil Hospital, Badin, inaugurated the Biosafety Laboratory in March 2024 to end TB by providing free multi-drug-resistant diagnostic tests.



Multan Institute of Kidney Diseases completed 67 successful Kidney transplants in March 2024, marking a series of triumphs in renal transplantation in the region.



# Empowering Initiatives



In January 2024, IHHN hosted its 7th biennial scientific conference, ICON 2024, in Karachi, Lahore, Muzaffargarh, and Badin to offer valuable opportunities for medical professionals to enhance their skills through engaging hands-on training. ICON workshops were accredited by the University of Health Sciences Lahore and the Dow University of Health Sciences, ensuring participants receive recognised and quality education.



In January 2024, IHHN became the first non-profit health centre to be registered as a Training Organisation' by (ICAP), marking a significant stride in professional development within the healthcare sector in Pakistan.



In February 2024, Project GODA continued its extraordinary journey to Pakistan in its seventh year. A group of dedicated medical professionals from the USA came to IHHN for a week and performed over 140 joint replacement surgeries, 16 spinal surgeries, and 8 ACL surgeries in Karachi, Lahore, and Muzaffargarh, absolutely free of cost.

## The Impact of Your Generosity

"It was very shattering to know that I have cancer. It felt like my life had taken a temporary pause, my friends had left me, and I felt completely alone. However, here (at Indus Hospital), I found hope again; I felt alive again. I know it's not enough, but I want to thank everyone who helped me through my journey."

**Marium**  
Cancer Survivor



## Volunteer Spotlight

As Eid dawned, a group of our young volunteers selflessly celebrated the Chand Raat alongside our childhood cancer patients. These compassionate individuals, Rayyan Hassan, Arham Hassan, Mohammad Daniyal Khan, Mohammad Mustafa Khan, and Manal Khan, distributed Eid goodies to sick children who were confined to their hospital beds on this festive occasion.



# Expanding to Serve More

Indus Hospital & Health Network is moving forward and expanding its scope and services by building a **1,350-bed** hospital in Korangi, Karachi. The following progress has been made in the past year:



The Energy Centre building part slab completed



Warehouse fully operationalised at the new hospital building



Blood Centre fully operationalised at the new hospital building



Pharmacy services fully operationalised at the new hospital building



Since the start of 2024,  
more than,

**2 Million** patients

benefitted from IHHN because of supporters like you. None of this would have been possible without your trust in Indus Hospital & Health Network. Together, we aspire to achieve even greater milestones, and we sincerely hope that you will continue to stand with us on this journey toward a healthier and more equitable Pakistan.



**INDUS  
HOSPITAL**

QUALITY CARE - FREE OF COST

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